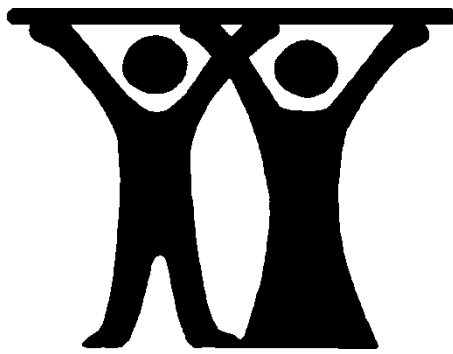


AREA AGENCY ON AGING FOR LINCOLNLAND



PUBLIC INFORMATION DOCUMENT

FY 2019 – 2021 Area Plan

Introduction

The Area Agency on Aging for Lincolnland is finalizing its FY 2019-2021 Area Plan. This plan includes programs, services, and other activities funded under the Older Americans Act and through the Illinois Department on Aging.

Purpose of the Public Information Document: This document contains a summary of important elements of the Area Plan. It is designed to facilitate public understanding of how the Area Agency on Aging intends to address the service needs and issues facing older persons and family caregivers in its 12-county planning and service area. **Copies will be made available beginning June 11, 2018** at the AAAL office and the AAAL website <http://www.aginglinc.org> Copies will also be available at the public hearing sites on the day of the hearing or upon request by emailing caustin@aginglinc.org.

Public Hearings

The purpose of the Public Hearings is to accept testimony from interested individuals pertinent to the Area Plan. Three (3) Public Hearings have been scheduled in order to obtain comments and feedback from area residents regarding the FY 2019-2021 Area Plan. Area residents will have approximately three (3) weeks to review the Public Information Document and contact the Area Agency on Aging with any questions. At the public hearings, one hour will be allotted to accept testimony without discussion. Public Hearings are scheduled as follows.

Tuesday, June 26, 2018

10:00 a.m. – 11:00 a.m.
Jersey County Health Department
1307 State Highway 109
Jerseyville, IL 62052

Wednesday, June 27, 2018

10:00 a.m. – 11:00 a.m.
Jacksonville Area Senior Center
1309 South Main Street
Jacksonville, IL 62650

Wednesday, June 27, 2018

1:00 p.m. – 2:00 p.m.
Scott County Health Department
Winchester, IL 62694

Testimony or comments may be presented verbally or in writing. Those present at the public hearing are encouraged to submit a written copy of comments. If you are not able to attend the public hearing, you are encouraged to submit a written testimony, which is **due no later than 4:00 p.m. on June 27, 2018**. A Summary of oral and written testimony

regarding the 2019-2021 Area Plan will be presented to the Agency's Advisory Council and the Board of Directors and will also be forwarded to the Illinois Department on Aging (IDOA) on or before July 15, 2018.

Area Agency on Aging for Lincolnland

The Area Agency on Aging for Lincolnland, Inc., (AAAL) is one of more than 600 Area Agencies on Aging nationwide and one of thirteen in Illinois. Since 1974, the Area Agency on Aging for Lincolnland has been designated by the Illinois Department on Aging to serve older adults and family caregivers residing in Planning and Service Area 07, which comprises the counties of **Cass, Christian, Greene, Jersey, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon, and Scott.**

Area Agencies on Aging are responsible for planning services that will help meet the needs of older adults and caregivers, coordinating resources in order to facilitate a comprehensive service delivery system, and acting as an advocate for older adults residing in the Planning and Service Area. The Area Agency on Aging works as an area-wide focal point for aging issues, to create an awareness of aging and caregiving issues and to encourage the development and coordination of services to address those issues.

The Area Agency is an independent 501c3 not-for-profit organization governed by a Board of Directors whose members represent each county in the Planning and Service Area (PSA). AAAL also has an Advisory Council whose members, also representatives of the counties in the PSA, provide input on the needs and concerns of older adults in their respective counties.

The Area Agency on Aging for Lincolnland receives State and Federal funding through the Illinois Department on Aging and awards grants and contracts for a variety of services to local service providers throughout the area. Most funding is provided to service providers throughout Planning and Service Area 07 for the following funded services:

Adult Protective Services, Congregate and Home Delivered Meals, Caregiver Access and Assistance, Caregiver Counseling, Evidence-based Health Promotion, Information and Assistance, In-Home Respite, Legal Assistance, Long-Term Care Ombudsman, Options Counseling, Senior Health Insurance and Assistance, Senior Services Employment Specialist, the Senior Farmer's Market Nutrition Program and Transportation.

The Area Agency provides some services directly as well, usually in cooperation and coordination with other Service Providers including: Information and Assistance, Senior Health Insurance and Assistance and

However, sometimes the Area Agency is the sole provider of services in Planning and Service Area 07. This includes: initial screening for a Senior Employment Training Program, Creating and Sustaining Dementia-Capable Service Systems for People with Dementia and their Family Caregivers, a Pharmaceutical Assistance Program, Gap Filling and fulfilling administrative responsibilities for the Adult Protective Services Program and Community Care Program of the Illinois Department on Aging.

There is no charge for the services but voluntary contributions to the service provider agency are accepted. Such donations are used by the programs to provide additional service(s).

FY2018 Board of Directors & Advisory Council

<u>Board of Directors</u>	<u>County</u>	<u>Advisory Council</u>
Vacant	Cass	Vacant
Ms. Joan Lawrence (Treasurer)	Christian	Ms. Lois Hesse Ms. Evelyn Hildebrand
Ms. Natalie Umphress	Greene	Ms. Kathy Wynn-Burkholder Ms. Billye Griswold
Ms. Teresa Muntz (President)	Jersey	Mr. Larry Muntz
Ms. Debra Hoover (Secretary)	Logan	Mr. Don Hoover Ms. Marilyn Lowery
Mr. Morrie Giandrone	Macoupin	Mr. Kenneth Cordum Ms. Cathy Petrak
Ms. Susan Dierker-Becker	Mason	Ms. Susan McFarlin
Ms. Edith Sternberg	Menard	Ms. Sandra Klein Ms. Anne Smith
Vacant	Montgomery	Mr. Louis Lewey
Ms. Jane Masters	Morgan	Ms. Susan Rutter
Ms. Melissa Coulter	Sangamon	Vacant
Ms. Phyllis Jefferson	Scott	Mr. Max Edlen

FY 2018 Staff

Carolyn Austin	Executive Director
Terry Moore	Assistant Director
Rick King	Fiscal Manager
Joy Wolfe	Assistant Grants Manager/Adult Protective Services Coordinator
Felicia Farmer	Grant Development Coordinator
Beth Monnat	Benefits Specialist
Ilene Eskra	Program Specialist
Chrystal Szabo	I & A Specialist
Tambria Broomfield	Receptionist
Carol Hopkins	Clerical Assistant

FY 2018 Grantees

Best Senior Care, d/b/a Home Instead Senior Care, Inc.
Jacksonville IL
217/245-9192

BF Home Care, Inc., d/b/a Home Instead Senior Care
Springfield, IL
217/547-1300

CEFS Economic Opportunity Corporation
Effingham, IL
217/342-2193

Community Action Partnership of Central Illinois
Lincoln, IL
217/732-2159

Greene County Health Department
Carrollton, IL
217/942-6961

Illinois Valley Economic Development Corporation
Gillespie, IL
217/839-4431

IMPACT Center for Independent Living
Alton, IL
618/462-1411

Jacksonville Area Center for Independent Living
Jacksonville, IL
217/245-8371 (V/TTY)
888/317-3287

Jersey County Health Department
Jerseyville, IL
618/498-9565

Land of Lincoln Legal Assistance Foundation, Inc.
East St. Louis, IL
618/398-0574

Locust Street Resource Center
Carlinville, IL
217/854-3166

Macoupin County Public Health Department
Carlinville, IL
217/854-3223

Menard County Board
Petersburg, IL 62675
217/632-4412

Montgomery County Health Department
Hillsboro, IL
217/532-2001

Prairie Council on Aging
Jacksonville, IL
217/479-4619

Senior Citizens of Christian County
Taylorville, IL

Senior Services of Central Illinois
701 West Mason Street
Springfield, IL
217/528-4035

Senior Citizens of Logan County
Lincoln, IL
217/732-6132

Springfield Center for Independent Living
Springfield, IL
217/523-2587, ext. 205 (V/TTY)
800/447-4221

West Central Mass Transit District
Jacksonville, IL
217/245-2900

Area Agency on Aging Mission

Section 1321.53 (a) of the Rules and Regulations of the Administration on Aging (1988) defined the mission of Area Agencies on Aging under the Older Americans Act as follows:

THE AREA AGENCY ON AGING SHALL BE THE LEADER RELATIVE TO ALL AGING ISSUES ON BEHALF OF ALL OLDER PERSONS IN THE PLANNING AND SERVICE AREA. THE AREA AGENCY SHALL PROACTIVELY CARRY OUT, UNDER THE LEADERSHIP AND DIRECTION OF THE STATE AGENCY (IDOA), A WIDE RANGE OF FUNCTIONS RELATED TO ADVOCACY, PLANNING, COORDINATION, INTER-AGENCY LINKAGES, INFORMATION SHARING, BROKERING, MONITORING AND EVALUATION, DESIGNED TO LEAD TO THE DEVELOPMENT OR ENHANCEMENT OF COMPREHENSIVE AND COORDINATED COMMUNITY-BASED SYSTEMS IN, OR SERVING, EACH COMMUNITY IN THE PLANNING AND SERVICE AREA. **THESE SYSTEMS SHALL BE DESIGNED TO ASSIST OLDER PERSONS IN LEADING INDEPENDENT, MEANINGFUL AND DIGNIFIED LIVES IN THEIR OWN HOMES AND COMMUNITIES AS LONG AS POSSIBLE.**

Profile of the Older Population of the Planning and Service area

Planning and Service Area 07 consists of twelve counties: Cass, Christian, Greene, Jersey, Logan, Macoupin, Mason, Menard, Montgomery, Morgan, Sangamon, and Scott. The area covers 6,742 square miles and is home to 109,252 individuals aged 60 and over, according to 2015 Census Population Estimates.

The PSA is predominantly rural, although the Federal Office of Management and Budget (OMB) includes the following four area counties in Metropolitan Statistical Areas: Jersey, Macoupin, Menard, and Sangamon. The 60 and older population of these four counties accounts for 60% of the older adults in PSA 07.

It is estimated that more than 35,000 persons are informal or family caregivers to older persons. Informal caregivers are persons of any age who are the primary caregivers to persons' age 60 or over. And that there are more than 5,000 Grandparents (or other relatives) Raising Grandchildren (up to age 18) in PSA 07.

PSA 07 Demographic Characteristics of Older Persons

<u>County</u>	<u>Total 60+</u>	<u>60+ Poverty</u>	<u>60+ Minority</u>	<u>60+ Live Alone</u>	<u>75+</u>
Cass	2,975	1490	149	700	1027
Christian	8,644	749	142	2350	3036
Greene	3390	384	56	925	1141
Jersey	5519	272	108	1110	1837
Logan	6953	404	170	1705	2444
Macoupin	12180	683	216	2865	4010
Mason	3785	245	62	990	1279
Menard	3173	244	49	875	1007
Montgomery	7437	610	151	1990	2715
Morgan	8755	737	286	2065	2984
Sangamon	45133	2803	4089	11480	13633
Scott	1308	129	25	300	480
PSA Total	109252	7409	5503	27355	35593
State Total	2590593	213900	666103	604154	791118

(2015 Population Estimates & ACS 2011-2015 for Poverty)

Needs Assessment Process and Funding Priorities

The following activities were conducted as part of the planning process for FY 2016-18.

- A survey was distributed to all Area Agency Advisory Council Members.
- A survey was sent to all FY 2016 Title III Subgrantees and other providers of services to older adults and family caregivers.
- A questionnaire was sent to area legislative offices.
- Selected reports were reviewed.
- Relevant local needs assessments were reviewed.
- Client Satisfaction Surveys (all funded services) were reviewed.
- PSA 07 Subgrantees' unmet needs reports, program reports and fiscal reports were considered.
- The Area Agency's history of projected and actual service provision and expenditures by subgrantees were reviewed.
- Focus group discussions were held with representatives of each of the 12 counties in the Planning and Service Area.

Elected Officials

Elected officials were asked to share the areas of concern most frequently expressed by their older constituents or family caregivers. Responses follow, in order of issues most frequently heard.

- Health care costs, such as the cost of prescription drugs and nursing home care.
- In-Home Care.
- Utility costs (gas and electric).
- Issues related to continuing to live independently.
- Other: concealed carry, roads.

Service Provider Survey Results

The results shown below represent the responses of current PSA 07 Subgrantees and other organizations	Access Services – More Service Needed
Transportation (70%)	Assisted Transportation (81.8%)
Assisted Transportation (60%)	Transportation (74.5%)
Information and Assistance (55.9%)	Outreach (52.7%)
In Home Services Rated Extremely Important, by Percentage of Respondents	In Home Services – More Service Needed
Home Health (68.4%)	Residential Repair & Renovation (73.5%)
Home Delivered Meals (61.4%)	Respite (71.7%)
Respite (47.3%)	Home Delivered Meals (65.5%)
Homemaker (43.8%)	Friendly Visiting (34.1%)
Friendly Visiting (43.8%)	
Community Services Rated Extremely Important, by Percentage of Respondents	Community Services – More Service Needed
Elder Abuse (58.8%)	Medication Management (78.7%)
	Mental Health Screening (71.7%)
Routine Health Screening (43.1%)	Adult Day Service (69.6%)
Mental Health Screening (42%)	Routine Health Screening (66.7%)
	Legal Assistance (62.5%)
	Counseling (60.9%)
Family Caregiver Services Important, by Percentage of Respondents Rated Extremely	Family Caregiver Services – More Service Needed
Respite (51%)	Respite (73.3%)
Case Management (45.8%)	Counseling (66.7%)
Access Assistance (43.8%)	Legal Assistance (66.7%)
Legal Assistance (40.8%)	Support Groups (65.9%)
Counseling (39.6%)	Outreach (57.8%)
	Access Assistance (57.8%)
	Training and Education (51.1%)

Advisory Council Survey Results

The Area Agency on Aging's Advisory Council survey response are summarized below. Respondents represent all PSA 07 counties except Montgomery.

Access Services Rated Extremely Important, by Percentage of Respondents	Access Services – More Service Needed
Transportation (46.7%)	Outreach (42.9%)
Outreach (46.7%)	Transportation (35.7%)
Information and Assistance (46.7%)	Assisted Transportation (30.7%)
In Home Services Rated Extremely Important, by Percentage of Respondents	
Home Health (66.7%)	Home Delivered Meals (66.7%)
Home Delivered Meals (66.7%)	Home Health (66.7%)
Respite (66.7%)	Respite (66.7%)
Community Services Rated Extremely Important, by Percentage of Respondents	
Long Term Care Ombudsman (35.7%)	Adult Day Service (57%)
Medication Management (30.7%)	Medication Management (46.1%)
Services Rated Very Important	Chronic Disease Self Mngmt. (38.5%)
Congregate Meals (28.6%)	Health Risk Assessment (35.7%)
Elder Abuse (28.6%)	Elder Abuse (33.3%)
	Home Injury Control (30.8%)
	Routine Health Screening (30.8%)
Family Caregiver Services Rated Extremely Important, by Percentage of Respondents	
Outreach (48.7%)	Respite (46.2%)
Access Assistance (48.7%)	Support Groups (42.9%)
Counseling (46.7%)	Case Management (35.7%)
Respite (40%)	Counseling (28.6%)
Support Groups (40%)	Gap Filling (27.8%)
Gap Filling (38.7%)	Training & Education (23%)
Legal Assistance (33.3%)	
Case Management (33.3%)	

Client Satisfaction with Service Received

A review of FY 2014 Client Satisfaction Surveys, sent to a limited number of participants in each Title III service, for each Subgrantee, yielded the information shown in the following chart.

Service	Percent rating overall quality of the service received "Excellent"	Percent rating overall quality of the service received "Average"
Transportation	95	5
Information & Assistance	92	8
Legal Assistance	100	0
Home Delivered Meals	36	57
Congregate Meals	37	29
Caregiver Legal Assistance	100	0
Caregiver Access Assistance	11	0
Respite	100	0
Caregiver Counseling	100	0

County Forums

Meetings were held with representatives each of the twelve counties of PSA 07. Twelve questions were prepared. The questions were open-ended, but some issues were mentioned more frequently than others. **The four issues most frequently mentioned were: the distribution of information to the community about available services, the reluctance of people to ask for help, lack of caregiver availability, and public transportation (lack or insufficient amount).**

Services Funded

Allocations to the Area Agency are made by Title, and the Area Agency has limited authority to transfer funds among titles. General Revenue Funds (GRF) are used to supplement or match Federal funds. The Area Agency does not differentiate between state and federal funds in its allocations for services.

These services will be funded in FY 2019:

TITLE IIIB ACCESS SERVICES

Information and Assistance - A service for older individuals that may (A) provide individuals with current information on opportunities and services available to the individuals within their communities; (B) assess the problems and capacities of the individuals; (C) link the individuals to the opportunities and services that are available; (D) establish adequate follow-up procedures based on the older individual's needs.

Options Counseling – Options Counseling is not a Title III service. It is an adjunct to Information and Assistance. It is a component of the ADRC (Aging and Disability Resource Collaboration). The goal is to facilitate informed decision-making through person-centered planning concerning Long-Term Services and Supports (LTSS), as well as to aid in streamlining access to LTSS.

Transportation – Involves transporting older persons (as well as caregivers and children they are raising up to age 18) to and from community facilities and resources for purposes of acquiring/receiving services, to participate in activities or attend events to reduce isolation and promote successful independent living. Service may be provided through projects specially designed for older persons or through the utilization of public transportation systems or other modes of transportation.

TITLE IIIB COMMUNITY SERVICES

Legal Assistance - Legal Assistance shall include arranging for and providing assistance in resolving civil legal matters and the protection of legal rights, including legal advice, research and education concerning legal rights and representation by an attorney at law, a trained paralegal professional (supervised by an attorney), and/or a law student (supervised by an attorney) for an older person (or his/her representative).

TITLE IIIC – NUTRITION SERVICES

Congregate Meals (IIIC-1) – Makes nutritious meals available in a congregate meal setting to promote better health and to reduce isolation.

Home Delivered Meals (IIIC-2) – Provides nutritious meals to older persons who are homebound because of illness or incapacitating disability or are otherwise isolated.

TITLE IIID – DISEASE PREVENTION AND HEALTH PROMOTION SERVICES

Title IIID funds support proven evidence-based programs that enhance the wellness and fitness of the older population. Evidence-based programs have demonstrated outcomes that help participants adopt healthy behaviors and improve their health status, to reduce their use of hospital services and emergency room visits, and to mitigate the negative impact of chronic disease and related injuries, such as falls.

The Illinois Department on Aging requires that all funded evidence-based programs meet the highest-level criteria. The Chronic Disease Self-Management Program, Diabetes Self-Management Program and Matter of Balance meet the highest-level criteria and are currently receiving funding.

TITLE IIIE - NATIONAL FAMILY CAREGIVER SUPPORT SERVICES

Access Assistance - Assists caregivers in obtaining access to the services and resources that are available within their communities and ensures adequate follow-up.

Counseling – The service is often provided to caregivers in their homes and/or other locations convenient for them. It provides decisions and problem-solving skills related to their caregiver roles. It may also include participation in a support group.

Legal Assistance - see definition for Title III-B Legal Assistance

Respite Care – Services which offer temporary, substitute supports or living arrangements for care recipients in order to provide a brief period of relief or rest for caregivers.

Training and Education - Provides opportunities for caregivers to acquire knowledge, skills and support.

TITLE VII SERVICES (ADULT PROTECTIVE SERVICES)

Adult Protective Services (APS) is a statewide program that is designed to respond to adults with disabilities and older adults who are victims of abuse, neglect, self-neglect, and financial exploitation by building on the existing legal, medical, and social service system to assure that it is more responsive to the needs of victims and the families. Several Area Agency staff are certified caseworkers and supervisors who do not provide direct services but assist with coordinating and monitoring service providers.

(APS) Multi-Disciplinary Teams – Each Adult Protective Service Provider maintains a Multi-Disciplinary Team (M-Team) consisting of a diverse group of medical, legal and other specialties who meet regularly serve in a technical advisory role. The Area Agency may send a representative to each service provider's M-Team meeting once per year.

(APS) Fatality Review Team (FRT) – Multidisciplinary and multi-agency reviews of deaths can assist the State and counties in developing a greater understanding of the incidence and causes of premature deaths and the methods for preventing those deaths, improving methods for investing deaths, and identifying gaps in services to at-risk adults. The Area Agency has a staff representative on the PSA07/Lincolnland Fatality Review Team which meets four times per year.

Ombudsman – The Long-Term Care Ombudsman Program is a statewide advocacy program established and operated by the Illinois Department on Aging to protect and improve the quality of care and the quality of life for residents of long-term care facilities through individual and systemic advocacy for and on the behalf of the residents. This includes the promotion and the cultivation of best practices within long-term care services, and through the promotion of family and community involvement in the long-term care facility. It is resident-centered and makes every effort to assist, empower, represent, and intervene on behalf of the resident.

Local Service Providers

In FY 2019, the Area Agency on Aging for Lincolnland will award funds to organizations who provide services to persons 60 years of age and over and family caregivers throughout Planning and Service Area 07. Types of agencies funded may include:

- Centers for Independent Living
- Community Action Agencies
- County Boards
- County Health Departments
- Economic Development Corporations
- Hospitals
- Mental Health Agencies
- Not-for-Profit Foundations
- Private Not-for-Profit Social Service Organizations
- For-profit Companies (with required IDoA approval)
- Senior Centers

Home Delivered Meals

Home Delivered Meals are mandated through the Older Americans Act, have a designated funding source at the federal level, are funded for each of the twelve counties in PSA 07 and are currently provided by five Grantees, each serving multiple counties.

In PSA 07, State and Federal funds awarded for Home Delivered Meals generally are matched 100% by the total of local cash, in-kind, and participant contributions.

This important program faces a number of challenges: Costs of food, utilities, and gasoline are increasing; food preparation rules are more stringent; volunteers may not be reimbursed sufficiently to meet their expenses; paid staff may be needed to replace volunteers which takes them away from other important tasks.

Budget uncertainties in recent years made it very difficult to maintain services at adequate levels, and eventually, to gear up again quickly, in order to use funds within tight time frames. The Illinois Department on Aging, Area Agency on Aging and PSA 07 nutrition service providers worked closely together to rise to the challenge and ensure the highest possible availability of service during a difficult time. In FY 2018 all providers returned to their usual home delivery practices. PSA 07 nutrition service providers currently have no waiting lists.

Area Agency on Aging for Lincolnland Direct Services

Historically, the Area Agency on Aging has received direct service waivers from the Illinois Department on Aging to provide Title IIIB Information and Assistance and Title IIIE Training and Education services and will again request approval to provide those services for FY 2019-2021.

Title IIIB Information and Assistance

Information and Assistance is a mandated activity of Area Agencies on Aging as stated in the Older Americans Act regulations. While all area service providers carry out community-based information and assistance activities in an informal manner related to their own programs, and all area Care Coordination Units (CCUs) are funded to provide Information and Assistance in the counties they serve, there is no agency in the Planning and Service Area capable of providing the service on an area-wide basis (e.g., respond to referrals from the Gatekeeper Program, the Eldercare Locator, and the IDOA Senior HelpLine). The Area Agency on Aging is the only area-wide agency which is designed to serve the 60+ population and family caregivers, has a toll-free telephone line, maintains an informative website, and keeps a Master Resource File on all known State and Federal benefits and services for the 60+ population in the Planning and Service Area. The Area Agency also is responsible for funding its share of the annual cost and maintaining the Enhanced Services Program (ESP) Information and Assistance database data for PSA 07. However, ESP's future is unclear due to an extended period without available technical support from the software vendor.

Title IIIE Training and Education

Area Agency on Aging for Lincolnland will use Title IIIE funds to host a conference for family caregivers and grandparents raising grandchildren. FY 2019 will be the seventeenth consecutive year that AAAL has hosted this successful conference. The conference is targeted to informal caregivers and grandparents (or other relatives) raising grandchildren throughout the planning and service area and beyond.

The Area Agency will also continue to provide caregiver education on topics of interest in small group settings, often held at the Area Agency. Monthly sessions of the Lunch and Learn series are held during the noon hour for the convenience of working caregivers.

Funding

Services Projected for FY 2019

Funds based on FY 2019 allocations. Persons and units based on FY 2018 projections.

				FEDERAL	STATE	*OTHER
SERVICE CATEGORY	AREA SERVED	PERSONS	UNITS	FUNDS	FUNDS	RESOURCES
TITLE III B SERVICES						
Info. & Assistance (AAAL)	Entire PSA	764	865	40,000		
Information & Assistance	Entire PSA	6,655	16,567	52,910	97,265	13,942
Transportation	Entire PSA	3,020	75,010	248,971	276,981	373,722
Legal Assistance	Entire PSA	395	1,037	55,296		60,941
Options Counseling	Entire PSA	2,855	3,614		72,709	
Ombudsman	Entire PSA	N/A	N/A	30,982	188,425	48,068
<i>SUBTOTALS</i>		<i>13,689</i>	<i>97,093</i>	<i>428,159</i>	<i>635,380</i>	<i>496,673</i>
TITLE III-C SERVICES						
Congregate Meals	Entire PSA	3,226	97,189	572,323		292,082
Home Delivered Meals	Entire PSA	2,512	272,968	308,155	952,660	409,908
<i>SUBTOTALS</i>		<i>5,738</i>	<i>370,157</i>	<i>880,478</i>	<i>952,660</i>	<i>701,990</i>
TITLE III-D SERVICES						
Evidence-Based Programs	Jersey, Macoupin	93	802	31,432		3,871
<i>SUBTOTALS</i>		<i>93</i>	<i>802</i>	<i>31,432</i>		<i>3,871</i>
TITLE III-E SERVICES						
In-Home Respite	Entire PSA	123	5,033	73,574		5,891
Access Assistance	Entire PSA	700	1,218	40,519		15,278
Training & Ed. (AAAL)	Entire PSA	402	758	18,533		2,138
Legal Assistance	Entire PSA	98	107	8,532		7,227
Counseling	Entire PSA	426	942	74,642		12,437
<i>SUBTOTALS</i>		<i>1,749</i>	<i>8,058</i>	<i>215,800</i>		<i>42,971</i>
Title VII SERVICES						
Adult Prot Serv (M-Teams)	Entire PSA	N/A	N/A	12,337		N/A
Ombudsman	Entire PSA	N/A	N/A	24,752		N/A
<i>SUBTOTAL</i>		<i>N/A</i>	<i>N/A</i>	<i>37,089</i>		<i>N/A</i>
<i>GRAND TOTAL</i>		<i>21,269</i>	<i>476,110</i>	<i>1,592,958</i>	<i>1,588,040</i>	<i>1,245,505</i>

*Other Resources include: Nutrition Services Incentive Program (NSIP), Program income, Local Cash, In-Kind.

AREA AGENCY ON AGING FOR LINCOLN AND ADMINISTRATIVE AND ADMINISTRATIVELY RELATED DIRECT SERVICES

FY 2019 PROJECTED BUDGET

Under the Older Americans Act of 1965 and subsequent amendments, it is the responsibility of the Area Agency on Aging to provide leadership in the development and enhancement of a comprehensive and coordinated community-based service system for the elderly through the Administration of State and Federal funds, and through advocacy, coordination and program development. Area Agencies must limit administrative costs to 10% of the Title III allocation for the Planning and Service Area. The Agency projects to spend \$258,523 for Title III/GRF and Title VII-EA administration during Fiscal Year 2019.

Administrative activities in Fiscal Year 2019 will include:

- Overall Management of the Area Agency
- Budgeting, Accounting and Fiscal Management
- Planning and Procurement of Services
- Grant and Contract Administration
- Coordination and Training
- Representation on task forces, committees and coalitions
- Developing and maintaining website (www.aginglinc.org) and informational materials
- Updating Policy and Program Operations Manual for grantees
- Maintaining accurate information in the ESP database

Administratively Related Direct Services and the projected costs for Fiscal Year 2019 are listed below.

Program Development \$88,177

Area Agency activities include working with various State and local organizations to establish new services, monitoring and evaluating existing programs, conducting the subgrantee application process, reviewing applications for funding, reviewing required subgrantee reports, providing technical assistance, and completing required reports to the Department on Aging.

Advocacy \$23,508

The Area Agency on Aging conducts annual Public Hearings in conjunction with the Area Plan or amendments to the Area Plan. The Area Agency attends legislative hearings and advocates to members of congress and the legislature on behalf of the needs of the elderly in our area. The Area Agency Advocacy Committee undertakes activities to advocate on behalf of the area's older adult population at the state, national and local levels.

Coordination

\$61,265

The Area Agency assists service providers develop and follow service standards and policies necessary for maintaining a comprehensive and integrated service delivery system, facilitates coordination meetings among service providers, works with agencies outside the Title III network, and links with other social service networks. Area Agency staff members participate on the Illinois Caregiver Task Force, the Illinois Nutrition Advisory Council, and the Illinois Senior Olympics Steering Committee. AAAL also plays a key role in the coordination of the annual Senior Celebration, and participates as leader in the coordination of the areawide response to the need for assistance with Medicare Part D enrollment. The Area Agency on Aging is a member of the Illinois Association of Area Agencies on Aging, the National Association of Area Agencies on Aging, and the Illinois Aging Services Foundation.

Other Area Agency Activities

In addition to the persons served through programs funded with Federal and State funds awarded by AAAL, the Area Agency serves individuals through the following activities:

Senior Employment Specialist Program - The Area Agency provides initial eligibility screening for an employment training program for people who are age 55 and older, and who meet Federal poverty guidelines. Those who self-report that they meet the initial criteria are referred to National ABLE for additional screening and information. The training program takes place at a host site and lasts a maximum of 48 months.

Senior Farmers' Market Nutrition Program – AAAL oversees the distribution of coupons to eligible seniors to be used to purchase fresh, locally grown produce in two counties. This program is available in Sangamon, Jersey, Logan, and Morgan counties.

Senior Health Assistance Program (SHAP) – The Area Agency and its network of local service providers have been active in efforts to assist older persons and persons with disabilities to learn about, select, and enroll in Medicare Part D and other pharmaceutical assistance program.

Senior Health Insurance Program (SHIP) – AAAL is a certified SHIP site and as such educates consumers and answers questions about Medicare, Medicare Supplements, long term care insurance, Medicare HMOs, private fee-for-service and other health insurance; assists in filing Medicare and Medicare Supplement claims; and analyzes Medicare Supplement and long-term care policies.

Senior Medicare Patrol Program – AAAL participates in this statewide partnership with the other Area Agencies in Illinois, coordinated by AgeOptions. The goal is to help fight waste, fraud and abuse, ensuring that benefits are not exploited and that people get the health care assistance they need.

The Illinois Senior Olympics Advisory Committee - An Area Agency representative attends and participates in Advisory meetings. One or more Area Agency representatives volunteer(s) at the Senior Olympics.

The Central Illinois Senior Celebration - Several AAAL staff attend and distribute information at the event which often attracts about 3,000 older adults who participate in health screenings and learn about a wide array of services and resources.

Aging and Disabilities Resource Collaboration (ADRC) – The Lincolnland ADRC consists of representatives from the Illinois Network of Centers for Independent Living (INCIL), all three Community Care Units, all three Centers for Independent Living, and other community service providers who meet quarterly and work together in a coordinated manner to provide consumers with points of entry to public benefit programs, community-based services and long-term support services.

Committees and Task Forces: Illinois Department on Aging Ombudsman Advisory Group, Illinois Association of Area Agencies on Aging (I4A), including the I4A Legislative Committee, and IDOA Nutrition Advisory Council.

Area Plan Initiatives

The following initiatives are special activities that Area Agency staff members will address during this 3-year Area Plan.

Enhance Illinois' Existing Community-Based Service Delivery System to Address Social Isolation among Older Adults: Reduce the social isolation of older people in PSA 07. The Area Agency will work with colleagues from the Area Agencies on Aging in Illinois and will participate in facilitated conversations around the topic of social isolation. The conversations will help to uncover synergies among the planning and service areas to address social isolation and also determine potential private partnerships to help address this issue.

Continue to build on the concept of creating dementia-friendly communities and to support *Creating and Sustaining Dementia-Capable Service Systems for People with Dementia and their Family Caregivers*: Explore the possibility of expanding beyond Cass and Menard counties.

Continue to blend elements and materials of the Savvy Caregiver Program into Title III Training and Education.

Identify and build relationships with community organizations whose missions coincide with and/or complement the mission of the Area Agency on Aging for Lincolnland to encourage people of all ages to prepare for “independent, meaningful lives in their own homes and communities as long as possible”, while continuing to prepare and assist people who are older with doing so.

Other Funding Possibilities

Research partnerships that a number of Area Agencies on Aging across America currently have with hospitals, mental health centers, managed care organizations, faith-based organizations, housing agencies and others. Determine the feasibility of developing one or more similar partnerships in PSA 07.

Reevaluate the agreement with Illinois Pathways to Health regarding evidence-based programs.