

**Caring for a loved-one
with dementia is easier
when you have support**



AREA AGENCY ON AGING FOR LINCOLNLAND

Are you caring for a family member or friend with dementia?

**12 hour education/training program for family and friends caring for individuals
with dementia living in the community. No COST to attend.**

SAVVY CAREGIVER TRAINING BUILDS:

Attitude:	Develop a sense of confidence in caregiving and learn how to care for yourself.
Skills:	Learn tips and strategies for interacting and communicating with the person and how to understand and manage challenging behaviors.
Knowledge:	Learn what dementia is and how it affects the person and a person's behaviors.

Location: Area Agency on Aging for Lincolnland
3100 Montvale Drive, Springfield Illinois

Dates: April 3, 2018 – May 8, 2018 - Tuesdays

Time: 10:00 a.m. – 12:00 p.m.

Respite help is available, let us know when you register if paying for respite care is a barrier to attending.

Contact information: Felicia Farmer, 217-787-9234

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